



HPE REPORT BY SCHOOL

SCHOOL'S NAME	FATIMA CON PUB SCH MERUBAG BHAVNAGAR GUJ	AFFILIATION NUMBER	430272
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Submitted Successfully. Your HPE Confirmation Number Is : HPE181031089. Please Note this number carefully, as you have to specify this number during LOC submission.

NAME OF THE SPORTS/HPE COORDINATOR	SPORTS/HPE COORDINATOR'S MOBILE NUMBER
VAGHELA NIKUNJKUMAR HIMMATBHAI	9825262717

Upload HPE Periods Information (Per Week)

CLASS	IX	X	XI	XII
HPE Periods Per Week	3	3	6	6

STRAND 1 Details of Games/ Sports Chosen (Athletics/Swimming/Team Games/ Individual Games/ Adventure Sports)

SPORT	IX	X	XI	XII
Athletics 1	☒	☒	☒	☒
Swimming 2	☐	☐	☐	☐
Badminton 3	☒	☒	☒	☒
Basketball 4	☒	☒	☒	☒
Kabaddi 6	☐	☐	☐	☐
Kho-Kho 7	☒	☒	☒	☒
Table-Tennis 8	☒	☒	☒	☒
Volleyball 9	☒	☒	☒	☒
Archery 10	☐	☐	☐	☐
Boxing 12	☐	☐	☐	☐
Chess 13	☒	☒	☒	☒
Football 14	☒	☒	☒	☒
Handball 15	☐	☐	☐	☐
Hockey 16	☐	☐	☐	☐
Judo 17	☐	☐	☐	☐
Rifle-Shooting 18	☐	☐	☐	☐
Skating 19	☒	☒	☒	☒
Taekwondo 21	☒	☒	☒	☒
Tennis 22	☐	☐	☐	☐

Gymnastics 24	☒	☒	☒	☒
Rope Skipping 25	☒	☒	☒	☒
Yoga 26	☒	☒	☒	☒
Netball 27	☐	☐	☐	☐
Water-Polo 28	☐	☐	☐	☐
Cricket 29	☒	☒	☒	☒
Softball 30	☒	☒	☒	☒
Golf 31	☐	☐	☐	☐
Any Other	Any Otr	Any Otr	Any Otr	Any Otr

STRAND 2 Details of Activities of Health And Fitness Strand

GAME	IX	X	XI	XII
Mass P.T.	☒	☒	☒	☒
Yoga	☒	☒	☒	☒
Dance	☒	☒	☒	☒
Calisthenics	☒	☒	☒	☒
Jogging	☒	☒	☒	☒
Cross Country Run	☐	☐	☐	☐
working out using weights/gym equipment	☐	☐	☐	☐
Tai-Chi	☐	☐	☐	☐
Any Other	Any Otr	Any Otr	Any Otr	Any Otr

STRAND 3 Details of SEWA Strand

PROJECT / ACTIVITY	IX	X	XI	XII
Swachha Vidyalaya Swachha Bharat	☒	☒	☒	☒
Dignity of Labour	☒	☒	☒	☒
Empathy	☒	☒	☒	☒
Care for Homeless Children	☒	☒	☒	☒
Being Safe and Responsible: First Aid/ Health Club; Disaster Prevention and Mitigation	☒	☒	☒	☒
Environment Conscious Citizens as Part of Eco Clubs	☒	☒	☒	☒
Reduce, Recycle, Reuse (most important 3R's) and Now Respect	☒	☒	☒	☒
Studying the nutrition and health status of people in a peer group/ village/city slum/ tribal area/ neighbourhood	☒	☒	☒	☒
Participating in the community health programme through door-to-door contact programmes	☒	☒	☒	☒
First Aid: Awareness raising and demonstration	☒	☒	☒	☒
Plantation of Shade/ Fuel/ Ornamental/ Avenue trees	☒	☒	☒	☒
Acquaintance with common fertilizers and pesticides and their application with	☐	☐	☐	☐

Acquaintance with Common Pests and Diseases of Plants and Use of Simple Chemicals and Plant Protection Equipment	☒	☒	☒	☒
Preparation of Family Budget and Maintenance of Daily Household Accounts	☐	☐	☐	☐
Helping school authorities in oragnizing (a) picnics, tours, excursions, functions (b) exhibitions.	☒	☒	☒	☒
Participation in Adult-Literacy Programmes	☐	☐	☐	☐
Resources for Classroom Use and School Use	☒	☒	☒	☒
Organizing sports meet for CWSN (Children with Special Needs)	☐	☐	☐	☐
Planning, organizing and delivering a League tournament (Basketball, Cricket, Football)	☒	☒	☒	☒
Planning and holding a friendly cricket match between alumni and the current grade XI and XII	☒	☒	☒	☒
Organizing sports competition for primary school	☒	☒	☒	☒
Organized Inter-class/ Inter-school sporting activities (basketball, volleyball, swimming, hockey, netball, squash, cricket and boxing)	☒	☒	☒	☒
Long distance runs (half and full marathons) for a cause	☐	☐	☐	☐
Researching on Yoga, Running/Jogging, Dance, Trekking/ Hiking/Biking/Cycling, Camping, Military training as part of planned projects	☒	☒	☒	☒
Organizing a fund raising Musical Extravaganza for school	☒	☒	☒	☒
Holding an Art Exhibition for fund raising	☒	☒	☒	☒
Inviting professionals from industry to develop career pathways (App on mobile)	☐	☐	☐	☐
Running school cafe with focus on nutrition	☐	☐	☐	☐
School gardening project	☒	☒	☒	☒
Collaborating as part of Photography Club and create Exhibitions across the city with a social message.	☒	☒	☒	☒
Projects on social awareness or cross curricular themes initiated, planned and implemented by students with teacher as initiator.	☒	☒	☒	☒
As volunteer for 'in school activities' such as organizing a school-based event based on Life Skills.	☒	☒	☒	☒
Participating or volunteering in Youth Parliament or mock UN Sessions	☐	☐	☐	☐
Life Skills Activities (Creative and Critical Thinking, Problem Solving and Decision Making, Effective Communication, Self Awareness and Empathy)	☒	☒	☒	☒
'Buddies' or 'Peer Mentors' for Adolescence Education, School Health Program, Life Skills Program etc.	☒	☒	☒	☒
Anti Bullying or Anti Ragging Committee and awareness raising	☐	☐	☐	☐
As volunteer for charities 'outside of school' such as orphanages, old-age homes	☒	☒	☒	☒
Collecting and distributing used and unused books and clothes to the underprivileged	☒	☒	☒	☒
Volunteer work with stray animals and organizations connected with the same cause	☒	☒	☒	☒
Helping to raise funds for beneficiaries involving natural disasters (flood, earthquake, victims)	☐	☐	☐	☐

Adopting an orphanage for conducting joyful activities	☐	☐	☐	☐
Online volunteering for counseling peers for raising awareness regarding career pathways.	☐	☐	☐	☐
Enrichment Activities of different Ministries can be taken up in project mode(Swachhta Abhiyan, Ek Bharat Shrestha Bharat (upto Oct 2018), Paryatan Parv etc)	☒	☒	☒	☒
Organising and volunteering for various 'in-school activities' and Language Club, Theatre and Dramatics Club, Social Science Club, Dance club, Science Club, Science	☒	☒	☒	☒
Fairs, Heritage Club, Nature Clubs.	☒	☒	☒	☒
Awareness campaign for saving one liter water a day by each student of the school, its daily monitoring and reporting	☒	☒	☒	☒
School water use audits	☒	☒	☒	☒
Home water use audits	☒	☒	☒	☒
Setting up rainwater harvesting structures	☒	☒	☒	☒
Project on indigenous methods of water conservation	☒	☒	☒	☒
Project on metering use of water saving devices/taps and ensuring no leakages in plumbing, pipes, etc.	☒	☒	☒	☒
Project on awareness and planting drought prone/ native plants/trees	☒	☒	☒	☒
Project on Recycling of water - example from RO plants, etc.	☒	☒	☒	☒
Setting up Drip irrigation structures for school gardens, etc.	☒	☒	☒	☒
Learning to test the quality of water and taking up water quality project in nearby community	☒	☒	☒	☒
Taking up water conservation activities in nearby communities	☒	☒	☒	☒
Visiting municipal water treatment and supply plants and monitoring water quality at school/home	☒	☒	☒	☒
Understanding about ground water table	☒	☒	☒	☒
Projects on understanding water pollution	☒	☒	☒	☒
Any Other	Any Otr	Any Otr	Any Otr	Any Otr

It is hereby certified that the format used by the school for HPE card is as per the format specified by CBSE.

CONFIRM & SUBMIT